

Vaping 101

Educators play a vital role in preventing Wisconsin students from vaping.

High school

In Wisconsin, 32 percent of high school students have tried vaping.¹



Middle school

In Wisconsin, 11 percent of middle school students have tried vaping.¹



Reasons students vape:

Their friends or family vape.

39%

They like the flavor choices.

31%

They believe it's less harmful.

17%

Having friends or family who vape is the most common reason.²

Among middle school students who vape,

96%

first tried it before they turned 13 years old.¹

Schools can:

- Educate students about the risks of vaping.
- Help educate parents and caregivers.
- Create or update district-wide tobacco-free policies.
- Connect students who vape with cessation programs.

Health impacts:

We know the short-term impacts, but there is still a lot we don't know.

Mental health concerns Coma
Addiction **??** **Hospitalization**
Heart health issues **??** **Social impacts**
Growth and development issues **Death**
Breathing issues **Skin issues**

1. [Tobacco is changing: E-cigarettes](#). Wisconsin Department of Health Services. Published January 5, 2022. Accessed October 27, 2022.

2. [The 3 main reasons youth use e-cigarettes](#). Truth Initiative. Published March 19, 2018. Accessed October 27, 2022.